Dear Parents, Students and Community

It has been a great week and our year six students probably think it has been a sensational week. They are off on camp enjoying activities like raft building, rock climbing and snorkelling. It will be a test of their friendship and olfactory system as they sleep in a big dorm together (boys and girls dorm separate) but I am sure lots of fun will be had. They are due back at 2:45pm this Friday and no doubt staff, students, mums and dads will be here to welcome them back.

The new cover to the quadrangle is complete and we are waiting for the fence to be taken down. We are feeling a little frustrated, like the students, as this was promised to be removed on Tuesday this week. We will continue to follow up.

Over the last weekend we had some young people visit the school and graffiti walls on many buildings. We were very fortunate a staff member and some parents where here and identified some people who may know who was responsible for the graffiti. All information has been passed on to the police who will be in contact with all concerned to see if they can place charges. Many thanks to the parents and staff for your support of our school.

Kind regards,

Scott Harris
Principal
Faction Swimming Carnival

Our annual faction swimming carnival was held last Thursday at Fremantle Pool. The competition was keen especially among the parents in the final event. The winning faction on the day was Diamond with 192 points followed by Sapphire 167 and Emerald with 114.

Individual champions were

Year 4 Boy Champion Brody Gill and Andreas Kristiansen;  Runner up - Luc Du Toit
Year 4 Girl Champion Jess Potma;  Runner up - Kinley Paterson
Year 5 Boy Champion Kane Bruce;  Runner up - Archie Lush
Year 5 Girl Champion Alex Poad;  Runner up - Isabel Lush
Year 6 Boy Champion Levi Hartley;  Runner up - Keenan Jones
Year 6 Girl Champion Quinlyn Eylward; Runner up - Ellie O’Neill and Molly McCarthy

Thanks to all who helped on the day.

The interschool will be held on the 5h of April at Challenge Stadium. Students selected to represent the school will be given the details closer to the day.

Help needed for the Interschool Carnival - We need two timekeepers to help us at the Interschool Carnival at Challenge Stadium on 5th April. The carnival goes from 9-12PM but you can catch the bus from school with the swimmers if you choose (which will leave at approx. 8am). Please contact Terry Nangle to volunteer.
terry.nangle@education.wa.edu.au
Safety first

We push safety all the time at school but boys will be boys and occasionally they have an urgent need to pick up a stick and either twirl it around or throw it into the air usually hitting an innocent bystander. Parents are asked to have a word to their children about the dangers of sticks and stones both at school and on the way home. Thank you for your co-operation, Terry Nangle (Deputy)

Guest Speaker Eamon Sullivan

Our Year 3-6 students had the privilege last week of meeting one of Australia’s greatest ever swimmers. Eamon was very gracious with his time and answered a range of questions relating to his career, before signing autographs for his very eager audience. We also made it into the local newspaper!!

Eamon’s visit has been covered in the latest edition of the Melville Times (see below). Another big thanks to Jo Gilkison for her hard work in securing this wonderful opportunity for the students of Attadale Primary School.

ATTADALE

Tips from an Olympian

THREE-TIME Olympic medallist and former world recordholder Eamon Sullivan thrilled students at Attadale Primary School last Wednesday when he spoke about his experiences as a student, athlete and businessman.

With the school’s swimming carnival the next day, it was the perfect opportunity for students to hear from one of Australia’s best-known swimmers.

Attadale Primary School promotes student leadership and Mr Sullivan’s visit was hosted, panel-style, by six recently elected school parliamentarians.

These students quizzed the Olympian about his experiences dealing with pressure and expectation, his career highlights and his advice for students about being resilient and setting goals.

Deputy principal Asiri Perera said the school provided all senior students with leadership opportunities and aimed to develop confident students with a social conscience.

Eamon Sullivan with students Kye Brindle and Matthew Gilkison.
Kids Matter

Kids Matter is a flexible framework (not program) that helps schools to create a positive school environment that enhances the positive mental health of all students, staff and parents/caregivers. We all know that being mentally healthy is vital for learning and for leading a rewarding life. Kids Matter is a way for schools to nurture happy, balanced kids through mental health promotion, prevention and early intervention activity and planning.

Multiple new initiatives were introduced last year to promote Component 1 of Kids Matter: A Positive School Community. These were very well received by parents, students and staff and the Kids Matter Action Team will be continuing with these, as well as introducing new initiatives for 2016. One of these is our new, Kids Matter Information Trolley which will be seen around the school from next week. Here you will find a range of information pamphlets relating to positive mental health and social emotional learning for students. Please take anything that is of interest and come back to the trolley from time to time, as new information will be added throughout the year.

This information may be helpful for dealing with a range of common issues that occur during the school years and importantly, it is all well-researched and evidence-based.

Clean Up Australia Day

Attadale Students participated in Clean Up Australia Day activities last week, with Mr Richard’s and Mrs Donaldson’s Year 4 classes spending the day cleaning up the Attadale Foreshore and a large group of P-6 students giving up their lunchtime to clean up around the school. It was wonderful to see so many students valuing our shared environment and doing their bit to make our area cleaner and safer for humans and wildlife. A big 'THANK YOU' to Mr Richards, Mrs Donaldson, Mrs White and the parents, staff and many students who took part in these initiatives.
This year sees a change in the way you are able to pay your Voluntary School and P&C Contributions at Attadale Primary School (as you were informed in our Contributions & Charges letter sent to you last year). We are very excited to offer all these different options to make your life easier.

PLEASE NOTE, HOWEVER, THAT THE BUILDING FUND OF $25 PER CHILD WILL HAVE TO BE PAID TO THE FRONT OFFICE BY CHEQUE (Attadale Primary School P&C) OR CASH ONLY.

This is because it is a tax deductible cost and should not be confused with contributions and charges. It is a very important contribution to our school and goes toward many important projects. As soon as more payment options become available with the P&C, we will send the details to you.

If these payments have been made via the School Book lists (Campion), that is all fine and your payments have been received by the school. The receipt that you received from Campion will be the tax deductible receipt you use for tax purposes.

Many Thanks,
Debbie Brunette (Registrar)

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**Contributions and Charges now due**

**Attadads Event**

Sunday March 13, Point Walter Spit 10am-noon

DADS + KIDS FLOAT YOUR BOAT

Bring your own non-powered watercraft – SUP, kayak, canoe – anything that floats
BYO: Food, drinks, safety gear, sun protection
This is not a school event: Each dad is responsible for his own children

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**Relationships Australia - Parenting Courses**

**Successful Single Parenting** - Wednesday 30 March – 6.30-9pm $25.

People become single parents through a range of life choices and circumstances. Parenting alone is different in many ways compared to a two parent household and can have its difficulties and challenges. Whatever the challenges it is important to live your life in ways that shows your children you are happy. This will help them accept and value their lifestyle. If you are a single parent and are through that initial break-up stage this course will provide strategies that will help you develop a close and special relationship with your child. For further information please 6164 0200

**Understanding Stepfamily Relationships** – a weekend course 1 2 3 April - $75 per person/$120 per couple.

Stepfamilies and blended families operate in a different way to intact biological families. The dynamics of a stepfamily are more complex and there is a need for special understanding and management from both biological and stepparents working together for a healthy stepfamily growth to happen. For further information please 6164 0200.

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Relationships Australia 1300 364 277

www.relationshipswa.org.au
Attadale P&C Pieces

Thursday 3 March saw the first meeting of the P&C Committee for 2016. Some great discussions were had regarding our plans for the year, where we feel the school needs a hand and what some long-term goals of the P&C.

Our first order of business was to establish that as contributors, parents need to know where their fundraising efforts go... what do we do with the money! So from now on, we will let you know the allocated project of the fundraising event and then how close we are to reaching our goal.

Our second item was to develop a list of projects (short, medium and long-term) that require funding from the P&C. Projects on the hit list include:

- New ovens/fridge/pie warmer for the canteen (short)
- New bike racks (short) for the front of the school
- Natureplay area next to the quadrangle (medium)
- Natureplay area in the junior school area (long)
- Technology upgrades to the classrooms (medium/long)

The list is far from exhausted and if you see, think or hear of something that you feel we should be addressing, please let us know or come to the next meeting: **Wednesday March 30, 7pm**

SAUSAGE SIZZLE

A fabulous turn out for the Term 1 Sausage Sizzle, with almost all of the school taking part in a staggered event due to swimming lessons.

This little exercise raised over $700 and will be used to buy the new pie warmer for the canteen.

Thanks to Yvette, Teona, Amour and Rochelle for their help in turning snags and prepping rolls.

We’ll definitely include this as another fundraiser later in the year.

HEALTHY TREAT THURSDAY

Following feedback from the canteen survey in 2014, we implemented healthy options to the recess canteen menu on a Thursday, but we need your support to continue.

The installation of the fencing around the quadrangle has made heading to the canteen a longer trip than normal, but we hope that you will make the effort to come on down and place your orders, so we can keep offering healthy options to our students.

UNIFORM SHOP

Fiona is desperately in need of some helpers on a Thursday morning to assist with unpacking stock, and being that extra pair of hands you need when busy. No accounts experience required...just a friendly smile and an hour to spare. We are looking to set up a roster to share the workload.

Want to chat all things P&C, but can’t make a meeting, feel free to call me on 0400 338 026, or email t-efallon@bigpond.com

Estelle
From the Community Health Nurse

Immunisation reminder

Maintaining a high level of immunisation within our community is very important to controlling many communicable diseases.

It is important for parents to make sure that their children have received all of the childhood vaccinations. This includes Measles, Mumps, Rubella, Diphtheria, Tetanus, Pertussis (whooping cough), and polio vaccines before school entry or from three and a half years of age.

If you are unsure, phone 1800 653 809.

If you child has missed out on vaccinations, a doctor or immunisation nurse can provide ‘catch-up’ vaccinations.

Make an appointment with a GP or visit the local (free) immunisation clinic run by the Armadale City Council’s Immunisation clinics, Phone: 61511308 or through Rheola Street Central Immunisation Clinic, by appointment Phone. 93211312

Immunisation - information for parents

Immunisation programs in our community are designed to keep everyone well and safe, especially those people who are most at risk, such as babies.

Parents or legal guardians who do not immunise their child should note the following:

- In the case of a Measles or Pertussis (whooping cough) outbreak, Western Australian schools are required by the Department of Health, to exclude students who have not received the appropriate vaccination.

Please make sure your school-aged child is fully immunised and that you have provided a copy of the ACIR immunisation record to the school.

Did you know that as parents you can ring the National registry or go to the web site to check out your child’s immunisation status? All you need is your Medicare number. Phone 1800 653 809 or access the web site: www.humanservices.gov.au or email acir@humanservices.gov.au