Upcoming Events

Week 2
Friday 6 May
- Canteen Open
- Eagles Cup (Winter Sports) vs Brentwood

Playing away are AFL, soccer B and netball C teams
Playing at home are soccer A and netball A&B

Week 3
Monday 9 May
- School Board Meeting 7pm in the staffroom

Tuesday 10 May
- NAPLAN Yr 3&5 Writing

Wednesday 11 May
- NAPLAN Yr 3&5 Reading
- Early Close 2.30pm

Thursday 12 May
- Canteen Open
- Uniform Shop 8.15-9.00am
- NAPLAN Yr 3&5 Maths

Friday 13 May
- Eagles Cup (Winter Sports) vs Bateman
All games at Bateman PS (no netball C)

Week 4
Wednesday 18 May
- P and C Meeting 7pm in the staffroom

Welcome Back

It has been a tremendous start to Term Two and it is great to see staff and students getting straight back into a wonderful work rhythm. We have lots on this term (when don’t we?) and I am sure it will fly by. Don’t forget that at the end of this term reports go home and this is a wonderful opportunity to reflect on how things are going and what might be the focus for Semester 2.

NAPLAN always brings a range of emotions but in the end it is one way to capture some good information on what our students can do and what they need to work on. I employ many people and none of them have ever shown me, nor have I asked for, their NAPLAN score. All we ask is that students do their best and that they come to school in a relaxed, well rested and energised frame of mind (no different to any day really). Thank you!

School Board.

We welcome new members to this Monday’s Board meeting. Many thanks to Lara, Colin, Allison, Jen, Courtney and Michelle for putting their hand up to represent you and all students as members of the Attadale Primary School Board. Thank you!

Mobile Phones

We don’t encourage students to bring mobile phones to school but do understand that on occasions this is necessary. If your child does have a valid reason to bring a mobile phone then we must have this in writing and signed by you. This information (we do have a proforma) needs to be given to your child’s class teacher so they are aware. There is no reason for phones to be used at school and our policy says that they should not be taken out of bags during the day. It is solely the student’s responsibility to ensure the phone is not taken out and is in a safe position. Staff and the school will in no way accept responsibility for lost, stolen, damaged etc.. phones and or devices that act as phones or message receivers.

Scott Harris
Principal
Staff Profile
Mr Asiri Perera (Deputy Principal and Performing Arts Teacher)

How long have you worked at Attadale PS? This is my second year at Attadale Primary.

What do you enjoy most about your job? The students! Kids really are the best people and each day is usually filled with laughter and interesting stories. I love my dual roles as I am able to be involved with wonderful whole school initiatives while still teaching a subject that I am passionate about. It is amazing to see kids stepping out of their comfort zone and growing in confidence.

What are your interests outside of school?
- Live music - going to gigs and playing my own (usually gut wrenching heavy metal).
- I also love great food, especially yum cha and endless servings of curry.
- I am a huge fan of the Sri Lankan cricket team (who rarely win) and Freo Dockers (I chose a bad year to become a member!)

Interesting Facts: My little boy Noah is two years old now and is almost as loud as his father!

Values Award Winners

Austin Stanes - Take Care
For taking care of Mitchell in Year 1 when he fell off the climbing equipment. Great job Austin.

Sheldon Skipworth - Take Care
For helping to pack away the soccer goals. Well done.

Xavier Benson - Stand Up
For cleaning up around the school and in his classroom. Good work Xavier.
2016 NAPLAN Information for Parents

NAPLAN testing will begin in week 3 for our Year 3 and 5 students. The testing will be over three days with Writing on Tuesday, Reading on Wednesday and finally Maths on Thursday.

Each test will go for between 40 - 65 minutes.

NAPLAN is just one measure the school uses to assess our students’ progress and the value-adding we have achieved. The students have practised this style of testing, so there is no reason for them to be nervous or anxious about the tests.

Please reinforce to your children that they just need to do their best on the day.

More information for parents is attached.

Whole Body Listening

In each classroom around the school, teachers and students are learning about and implementing strategies for effective listening.

As a staff, we have chosen a successful strategy known as WHOLE BODY LISTENING. Our students are being reminded about the importance of facing the speaker and showing the attributes of a good listener.

As a whole, our Attadale students display outstanding manners, attitude and behaviour. As in every school, there are areas for us to focus on and our staff have chosen Whole Body Listening as a strategy to ensure that our students know what good listening looks and sounds like.

ANZAC Day Incursion, Service & Military Family Morning Tea

Our ANZAC Day commemorations took place during Week One and involved classroom activities, our annual service, a very engaging and hands-on incursion titled ‘Centenary of ANZAC’ and a morning tea for members of our school community (and their families) with an Australian or New Zealand military background.

Thank you to the special guests and parents who attended our service.

Upfront Payments now at the Office

You are now able to make a lump sum payment at the office which will be left as a credit on your child’s account. Payments for all incursions and excursions can then be automatically deducted from this amount (you will still need to return permission slips). A statement will be issued at the end of each term so you can see the balance of your child’s account. You can make this payment with cash, cheque, Eftpos or Direct Debit (Attadale Primary School BSB 066 163, ACC 00903316).
A new learning opportunity is coming to Attadale and it is exciting! Are you in Years 4-6 and do you want to learn how to make your own games, apps, websites and more? Then look no further as a coding club, called Coder Dojo is coming! It will operate here at school in the computer lab on Fridays from 12:30-1:10 and we will have our first session on Friday May 27th.

Dojos are fun, free and social coding clubs for young people, just like you. Dojos are not classes or workshops. There is no curriculum. Instead, a Dojo offers an unstructured open free learning environment where you can meet others with similar interests and advance your 21st century skills by working on creative digital projects of your own choice. For our Dojo we are very fortunate to have Palmer and Ari’s dad Kim, be our Champion to start our club up and get us going. Miss Smith, Mrs Reynolds, Mr Lawrie and Mrs Donaldson have also volunteered their lunchtimes to mentor and get everyone started. All you need to bring is your creative, cool self and your lunch (finger food might be easiest).

You can look on the CoderDojo Zen map to find the Dojos that have started in Western Australia.

There is a down side in that is there are very few spaces in our Dojo available. As there will be lots of you wanting to join, you will need to sign up by completing the form below and handing it in to Mrs Reynolds or Miss Smith in Room 12 as soon as possible. It will be ‘first in best dressed’ at this stage along with your parent’s permission.

Read the CoderDojo WA Overview to find out more.

Year 4-6 CODER DOJO CLUB EXPRESSION OF INTEREST:

Name ______________________ Year ___ Room ___ would like to become a Coder DoJo Ninja.

Student sign
____________________________________________

Parent Sign:_____________________________________________

Received by: _______________________

Date: ___________ Time: ___________
Social and emotional development impacts on a child's sense of who they are and how they feel about themselves. It refers to a child's increasing capacity to:

- recognise and regulate emotions
- show care and concern for others
- make responsible decisions
- establish positive, effective relationships
- negotiate challenging situations effectively.

Research shows social and emotional competence is a protective factor for lifelong mental health and wellbeing. It is within children's relationships with others that social and emotional skills develop. These skills are closely linked to behavioural development, and are acquired at different times within the context of the child's culture and environment.

As Attadale Primary moves towards implementation of Component 2 of Kids Matter, Social and Emotional Learning for Students, it was important for our staff to reflect on the great programs already in place and, as always, discuss ways in which we can refine and improve our practice. During the staff development day at the start of Term 2, our staff participated in a workshop where they evaluated several popular, evidence-based social and emotional learning programs. Based on the work done on this day, we now have a better idea of which programs will best suit the needs of our Attadale students as well as covering the core competencies of social and emotional development.

The next step will be for our Kids Matter Action Team to meet and discuss the findings that came out of this workshop. Importantly, we want to implement a social and emotional learning program that is whole school, evidence-based and practical for our teachers when implementing in the classroom amongst the many other curriculum focuses.

We look forward to sharing our initiatives with you as our planning develops.

Asiri Perera
Deputy Principal

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**Swedish Adventurers Visit Attadale Primary School**

Some of our classes had the opportunity this week to meet two very inspiring Swedish adventurers, Jonathan and Marcus from ONELIFE Jomack, who in the past few months have been crossing Australia from Sydney to Perth on roller skis! Jonathan and Marcus gave an inspirational talk to the children, showing photos from their amazing adventures across Australia and around the world in some of the world's most poverty stricken and unstable nations.

Jonathan and Marcus completed adventures to raise money for their designated charity called 'Hand in Hand' who work against child labour in India.

The key messages for our students were:

- Almost anything is possible, even if others tell you that its not.
- It doesn't matter if you fail, it matters only if you don't try again.
- We are one world and there are incredible experiences awaiting those that are willing to try something new.

Thank you to Elisabeth (mum of Emily and Nicholas) and Vibeke (mum of Andreas and Ida) for organising this visit for our students.
Congratulations to Amalea Lawrence in Year 6 for being a national finalist in The Good Guys Super Kid Awards during the school holidays. Amalea was recognised for the foster work she does within her family home.

These awards were for children aged 6-12 years who are ‘doing good things’ for the community. As a finalist she received a Samsung Tablet. Unfortunately she didn’t win, but she was very happy to be a finalist.

This is Amalea receiving her award from Alf - The Manager at The Good Guys O’Connor.

Well Done Amalea.

Great Mothers’ Day Gift!
Entertainment Books 2016/17

The new Entertainment books will be available from next Tuesday. If you are wanting one for a Mothers’ Day gift, please let Arianne know and she will arrange delivery on Saturday.

The NEW 2016 | 2017 Entertainment™ Book and Digital Memberships are packed with thousands of up to 50% OFF and 2-for-1 offers. When you purchase a Perth Entertainment™ Membership, you will now have access to more than 30 of the best restaurants, and accommodation that Bali has to offer!

From every Membership we sell, 20% of the proceeds go towards our fundraising. The more Memberships we sell, the closer we get to our goal – so please forward this email to all your family and friends! Please order online at the following link: https://www.entertainmentbook.com.au/orderbooks/8310s2 or contact Arianne on arianne.george@iinet.net.au for Saturday delivery. Order forms are also available in the front office.
Attadale P&C Pieces

A big thankyou to those that attended the P&C meeting on Wednesday 30th March. We welcomed Sharon Brown to the team who has kindly offered to take on the task of looking after the School Hall Hire. As the handover continues, we send much appreciation to Sherrie Lauder and her dedication to this role. The hire of the school hall is not only an important source of income for our school but helps contribute and foster a strong community spirit within Attadale.

Other agenda items included an update of the new branding and how it will affect the school uniform, discussions on where this year’s P&C contributions will be used to help fund some of the school’s requirements and a lot of talk surrounding Natureplay and future P&C activities for the year. All in all, a very productive meeting!

For those that would like to know more, please come along to our next meeting on Wednesday 18 May at 7pm in the Staff Room. There was talk of making this a wine and cheese night, so keep your eyes on the Monday reminders, closer to the date.

CAKE STALL – OH MY GOODNESS!

The generosity of our parents never ceases to amaze me when it comes to our cake stalls and Term 1’s was no exception. To see three large trestle tables, plus the table tennis table covered in cakes was certainly every student’s dream. I’m sure there were some very full tummies after recess.

Huge shout outs go to Rochelle Skipworth and Naomi Lundberg for their extra hands on the day. They were very much appreciated. In addition, our team of Year 6 helpers who were responsible for crowd control and serving their fellow students did a fantastic job.

We raised over $600 in this venture alone and I am sure Mrs Chester will be very happy when we replace one of her very well used ovens in the canteen!

HELP NEEDED...ALL THINGS GREEN...

The Edible Garden Team need a hand making some metal gates to allow free mulch and other items to be delivered with ease. If you are or know of a Fencer within the school community, willing to donate some time (we’ll buy the materials), please let Penny in the garden know. You’ll find her there most Thursdays, or drop Estelle a message.

Also, with the farewell of our beloved Dave the Gardener and a hiring freeze in the Education Department, our school grounds may need some volunteers over the winter months to keep them looking fabulous. Would suit someone who likes to trim roses, is mean with the whipper snipper and bonus...jump on the ride on! See Deb in the office for more details.

Want to chat all things P&C, but can’t make a meeting, feel free to call Estelle on 0400 338 026, or email t-fallon@bigpond.com.
Evidence based obesity treatment program for children and families

The Better Health Program is a multi component healthy lifestyle program for overweight and obese children aged 7-13 years and their families. It is funded by the WA Department of Health and is FREE for families to attend in the Perth metropolitan area.

The Better Health Program meets all current Australian guidelines, including the NHMRC recommendations for the Management of Overweight and Obesity in Children.

Interactive sessions, combined with custom designed resources, support children and families to adopt healthy lifestyle behaviours around food and physical activity, to make informed food choices and learn essential health skills. Our approach encourages children and their families to become fitter, healthier and happier as they have fun, meet new friends and learn new skills to establish and maintain healthier lifestyles. The program runs for 10 weeks, with two 2-hour sessions each week.

EVIDENCE BASE AND OUTCOMES

The Better Health Program was designed by specialist dietitians and psychologists and has been researched extensively. A successful RCT was completed and published, (Obesity, Vol 18, Supp 2, Feb 2010) showing statistically significant improvements at 6 months including:

- BMI decreased by 1.2 kg/m²
- Waist circumference decreased by 4.1 cm
- Physical activity increased by 3.9 h/week
- Sedentary activity decreased by 5.1 h/week
- Self-esteem increased
- Recovery heart rate decreased by 20.3 bpm

Children and parents participate together in fun theory activities alternating between nutrition and behaviour change

Parents participate in a facilitated discussion with the theory leader

Children participate in a fun land or water physical activity session with the physical activity leader
PROGRAM DELIVERY

Program Leaders:
The Better Health Program is delivered by local health professionals who have completed Better Health Program training.

Program Delivery Pack:
A standardised resource pack is provided as part of each program and provides all teaching aids, equipment and resources for leaders to effectively deliver the Better Health Program. This helps to ensure the delivery of the program is standardised and of a high standard.

Participant Resources:
Each participant of the program receives a full set of resources to assist their learning and behaviour change during and after the program.

Registrations:
Families
Call: 1300 822 953
Text: 0409 745 645
Online: www.betterhealthprogram.org
Message: Better Health Company

Health professional referral
Email: programs@betterhealthcompany.org
Fax: 1300 325 301

PROGRAM OUTLINE

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Measurements Graduation and group reward!